



How to apply

For more information about the application process
visit the curriculum tab on our website:
www.trinitybayshs.eq.edu.au

Further information may also be obtained
by emailing: 2057_SOE@eq.edu.au



Talented Athlete Program

Program Philosophy

The Talented Athlete Academy is a sporting excellence program that advances the development of already talented and like-minded athletes. The complexity and pace of the environments provided in the Talented Athlete Academy are more challenging and as a result students will engage in accelerated learning primarily of a physical nature.

Due to the differentiated learning and a strong link with industry, students in the Talented Athlete Academy have high exposure to talent identification and talent development officers in a range of sports.

It is well recognised that successful athletes draw from a wide range of knowledge and skills to produce their optimal performance (Dr R. Bailey, 2010). The Talented Athlete Academy at Trinity Bay State High School aims to provide athletes with the knowledge and skills that will allow them to develop faster as an athlete and excel in their chosen sport.



Program Structure

The Talented Athlete Academy will study Athletic Performance, Athletic Understanding, Athletic Conditioning and Athletic Pathways.

Athletic Performance

Our specialist staff and network of nationally accredited coaches will develop both individual and team performances. To ensure the highest level of advanced development in performance (in addition to our specialist coaches) students will also have access to sporting facilities in the Cairns area, alongside the excellent facilities on our school campus, the latest technology and industry advancements.

Athletic Understanding

Elite athletes not only require physical skills to perform at the highest level, they also require an understanding of the physiological and psychological factors relevant to their sport. The Talented Athlete Academy provides students with a deep understanding of the complexities of sports, tactics, game play and coaching methods to ensure that students are well rounded athletes.

Athletic Conditioning

All elite athletes must have a high level of physical fitness to compete successfully in their chosen field. The Talented Athlete Academy provides the opportunity for the advanced development of sport specific fitness and an accelerated pace of learning for theoretical training knowledge and principles. Fitness levels will be regularly monitored and tested and reported on throughout the program.

Athletic Pathways

A career in the athletic industry as a player, coach, physio etc. is the ambition of many of our students. The Talented Athlete Academy has developed links with industry and clubs to facilitate students' further athletic aspirations should they exhibit the desire and dedication required. The Academy will also provide students with nationally recognised qualifications.

Program Delivery

Delivery of the Talented Athlete Academy is dependent on the year group the student is in, the activity being studied, staffing, facilities and climate. Generally the program has been designed in line with the school calendar with four ten week units and can change from year to year based on the strengths and interests of the student body. Each week consists of three sessions, two in place of the students' timetabled HPE class and one extra session before school (all compulsory). Sessions will focus on the practical elements of the program interspersed with theoretical sessions where appropriate.

There is an expectation that students who are in the Talented Athlete Academy maintain passing grades in English and Maths while in the Excellence Program, along with acceptable behaviour and attendance data across the board.

The Talented Athlete Academy runs in Yr 7, 8, 9 and 10. Each year requires a separate application.

Program Outcomes

- Accelerated development of physical skills
- Nationally accredited Certifications
- Exposure to more complex and competitive environments at an advanced pace
- Exposure to a range of talent identification and development officers in a range of sports
- Opportunities to represent School, District, State and National competitions.

