## 3.4 Program details

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Project 1 Safety SPOPROJ1											
Estimated duration	10 weeks	Outcome type	□ Interim ☑ Final	Assessment tools mapped on separate document		☑ Yes □ No					
Assessment activity		Unit/s for which partial or complete evidence will be gathered		Evidence-gathering tools used		Tool code					
Students will complete a series of written questions regarding OH&S and the Australian sport industry. They will also participate in a series of gym training sessions to follow safety protocols. They will demonstrate appropriate responses to mock hazards and a mock emergency situation, including completing an incident report. Students will have visits from Northern Pride Coaches as a professional industry contact regarding meeting the obligations of a player. All students will be athletes of the Trinity Bay State High School Rugby School of Excellence, responding to coaching feedback throughout the program.		SIRXWHS001 Work safely SISSPAR007 Work as an athlete		Observation checklist	Ø	SPOOBS1					
				Questions checklist	Ø	SPOQUES1					
				Review folio of work against specifications		SPOFOL1					
Project 2	Get Organised SPOPROJ2										
Estimated duration	18 weeks	Outcome type	□ Interim ☑ Final	Assessment tools mapped on separate document		⊠ Yes □ No					
Assessment activity		Unit/s for which partial or complete evidence will be gathered		Evidence-gathering tools used		Tool code					
Students prepare to become a 'development' player for a local sports team, whilst working a part time job as an Administration Assistant. They will use technology		BSBPEF301 Organise personal work priorities SISSPAR003 Follow specialist dietary advice		Observation checklist	V	SPOOBS2					
				Questions checklist	V	SPOQUES2					

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to plan for personal budgets, organise their work and training commitments and create workplace documents. They will meet with a dietician to optimise their dietary requirements for training/games in the Rugby League season, and prepare healthy meals.		FSKDIG002 Use digital technology for routine and simple workplace tasks FNSFLT211 Develop and use personal budgets		Review folio of work against specifications	V	SPOFOL2					
Project 3	Rugby League SPOPROJ3										
Estimated duration	20 weeks	Outcome type	□ Interim ☑ Final	Assessment tools mapped on separate document		☑ Yes □ No					
Assessment activity		Unit/s for which partial or complete evidence will be gathered		Evidence-gathering tools used		Tool code					
Students will complete an extensive training and conditioning program including access to a function		SISSPAR009 Participate in conditioning for sport SISSRGL002 Participate in rugby league at an intermediate level		Observation checklist	$\checkmark$	SPOOBS3					
gym as part of the Trinity Bay State High School Rugby School of Excellence in a regional draw. Students will also have visits from Northern Pride Coaches and TAFE Sports Caching trainers to support them to complete these sessions. Students will then participate in a full season of competitive rugby league games in a regional draw.				Questions checklist		SPOQUES3					
Project 4	First Aid SPOPROJ4										
Estimated duration	6 weeks	Outcome type	□ Interim ☑ Final	Assessment tools mapped on separate document		⊠ Yes □ No					
Assessment activity		Unit/s for which partial or complete evidence will be gathered		Evidence-gathering tools used		Tool code					
Students will complete a First Aid course and CPR (based on knowledge test and observations in simulated emergency scenarios).		HLTAID011 Provide First Aid		Observation checklist	V	SPOOBS4					
				Questions checklist	V	SPOQUES4					
				Review folio of work against specifications	V	SPOFOL4					